

Emotional Development

Toys and Games

These meaningful toys can help with easing transitions, expressing and learning about feelings, creating stories, and helping children feel comforted, regulated, and secured.



Feisty Pets

Through exploring feelings of anger, children begin to recognize their triggers, what needs to be different in themselves or their environment, and how anger can affect those around them. These playful scenarios using the feisty pet also helps children identify what soothes them when they feel angry, normalizes their angry feelings, and even helps identify other concurrent feelings like sadness.



Crate Creatures

With so many opportunities to lock the creature back in the crate, children feel an increased sense of control over this "wild" creature! These offer another opportunity for story telling, expression of feelings, and imaginative play. They even help normalize some bodily sounds like farting and burping. It also provides a sensory experience by vibrating when you pull its tongue and making other fun noises.



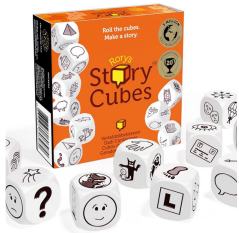
Slumberkins

Highlights several different collections with focus on gratitude, emotional courage, family bonding, relaxation, and mindfulness. Each creature with their very own story to tell from narratives of family changes to conflict resolution and emotional well-being.



Kimochi

Having big feelings can be hard, and helping children to understand and express their feelings can lead to more effective, clear communication, and the ability to use coping skills for self regulation. These plush pillow characters help start conversations about feelings, manage conflicts, normalize feelings, and help children feel connected, supported, and confident. Through placing the Kimochi feelings pillows in the characters pockets, children can explore what it is like to experience multiple emotions at one time, different levels of intensity, and how it feels in the body.



Story Cubes

When you roll the dice you can make thousands of combinations which means you can create and tell thousands of different stories! These dice can be great for imaginative play and story telling for sure, but also for social emotional learning, communication, and even creative art activity prompts.



Warmies

Each Warmies character is filled with a combination of an organic, microwaveable material as well as the perfect amount of dried, French, lavender. This creates a weighted, heated, and aromatic sensory experience which helps calm, decrease stress, and even ease sleep transitions!



Fidgets

Sensory play is CRUCIAL to social emotional development and self soothing. Fidgets are also widely known to significantly reduce stress and anxiety! The ability to engage in these activities releases excess energy stored in the body, engages the senses, promotes a sense of control over the body, releases tension, stress, and feelings of anxiety, and ultimately creates relaxation.



Worry Eater

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