Thank you for being here! The Close Up will begin shortly.

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The Jewish Federation

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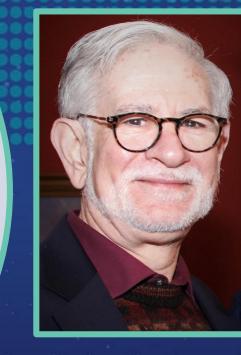


**Growing Old:** What's Next for our **Community's Aging Population?** 

Featuring

Todd Schenk, Chief Executive Officer, **Jewish Social Service Agency** 

David Gamse, Chief Executive Officer, Jewish Council for the Aging



Shari Merrill, Chief Impact Officer The Jewish Federation of Greater Washington

The Jewish Federation

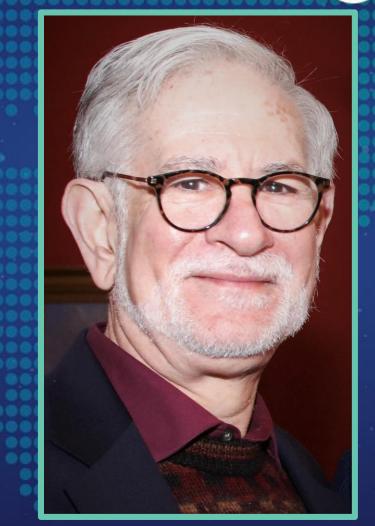
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# **About Me: David Gamse**

- Gerontologist who has represented U.S. policy on aging at international conferences in Israel, Canada, and elsewhere.
- Has led JCA for 30 years.
- Previously directed the development of AARP's educational and service programs, and their marketing nationwide.
- Later, founded and directed AARP programs for mid-life and older workers.





### What We Do



- The Jewish Council for the Aging helps older adults live as independently as possible, for as long as possible, while building bridges between people of different generations.
- In 1973, it became the first agency that The Jewish Federation (then UJA) created.



### What We Do



#### JCA programs...

- Help older adults find local programs and services
- Facilitate learning and growth
- Assist with mobility
- Help older adults find employment
- Forge intergenerational connections
- Connect the elderly to adult day programs and caregiver support groups
- Shatter stereotypes about growing older



### Four Kinds of Aging



#### Chronological

Social/ Psychological

**Biological** 

Comparative







# In the workplace

# In the marketplace

#### ln **volunteerism**

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#### In our Jewish community

### We learn it.

#### In most cases, intergenerational warfare is a myth.



# About Me: Todd Schenk

- Grown JSSA by 75% in five years as CEO.
- Embedded JSSA services in many community sites to make care more accessible.
- Has worked in Jewish family service organizations for 25 years.
- Clinical (Masters in Counseling Psychology) and Business (MBA) training.





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JSSA is a health and social wellness agency that provides expert caring to our neighbors across the region.

Since 1894, JSSA has supported the Metro DC community.

Recently, JSSA has:

- Helped Holocaust survivors and other older adults age
  independently in their homes
- Supported children in taking confident steps forward
- Enabled people living with life-limiting illnesses to live with dignity and comfort
- Guided our neighbors through a broad range of life's consequential moments



### **Demographics and Trends**









#### **Aging in Place**



Silver Tsunami

Family Sprawl

# National Programs Serving Local Seniors



National Council on Aging

#### **Educational Programs**

AARD

#### **Benefits Check-up**

**Tip Sheets** 

NIA

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# **Kinds of Programs**

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Many local programs are senior-specific.

Other sei

College and community college courses pen to all.

VERSUS

Programs like OASIS



### Key Players in Jewish Aging Locally



- Senior-specific organizations such as JCA and CESLC
- Lifespan organizations such as JSSA, the three JCCs, and synagogues
- Organizations that don't consider themselves old-age groups such as B'nai B'rith and Jewish War Veterans





### What's Jewish about Aging?





**Unmet Needs & Inny** 





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Physical Health

THE TRIFECTA

Behavioral Health Social Determinants of Health

### **Unmet Needs & Innovative Solutions**



How do I pay for all of this?

Innovation and Collaborative Partnerships **Technology** 



### **Questions & Answers**

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Enter your questions for David and Todd with the Q&A button!

# What's Next?



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 Quick Survey + key facts
 Next Close Up in February
 info@shalomdc.org