

Disability Inclusion

Title	Speed Dating Circles
Created by	Lisa Handelman, Capital Camps
Intended	All ages; from middle school though adults
Audience	
Materials	None
Program Description	Create two concentric circles. Everyone should be facing a partner. If there are an uneven number of participants, the extra participant should be in the outer circle and will form a group of three with one inner circle partner.
	The circles can be formed by sitting on the ground or standing. If there are participants who need to sit or use a wheelchair, chairs can be placed in the inner circle for all to sit.
	The group leader asks a question and everyone discusses with their partner. After giving everyone time to discuss the question with their partner, have the outer circle participants move one space to the left thus forming a new partnership.
	When people say "It's not fair" they often mean it's not equal. Are there times everyone should be treated equally – when and how?
	• Fairness means everyone getting what he or she needs. How can you create equity in your community? How can you teach the difference between equality and equity?*
	Words and phrases like "retard", "It's so gay" and other things we sometimes say without thinking can be hurtful to members of our community. How can you eliminate hurtful words and phrases from the language you use?
	How can you celebrate diversity?
	• How can you explain the difference between laughing <i>with</i> rather than laughing <i>at</i> someone? When is something we say in a joking manner not really a joke?
	How do you create programs that are fully inclusive?
	What is your story? Why are you interested in disability inclusion?
	In your mind, how do you define typical or "normal"?
	Who do you see other kids making fun of? Who do you see being excluded?
	What can you do to model acceptance and equity?
	*Helpful hint: In education, equality means everyone receives the same and equity means everyone receives what he/she needs. Link to visual aid: http://everydayfeminism.com/wp-content/uploads/2014/09/Untitled1-300x225.png